



Julie Carter R.N., M.S., A.N.P. is an Associate Professor of Neurology at Oregon Health and Science University where she holds a joint appointment in the school of medicine and school of nursing. She received her BSN and MS from OHSU. She joined the department of neurology in 1979 and is one of the co-founders of the Parkinson Center of Oregon (PCO). She is currently the Associate Director of the program with oversight for the clinical research program and program development/educational activities of the Parkinson's center.

Ms. Carter is dedicated to improving the lives of people with Parkinson's disease and their families. She approaches Parkinson's disease as a family centered disease and brings a family centered emphasis to her practice as a nurse practitioner and to innovative program development at the PCO. She created the annual family care symposium, family caregiver series, young person with PD symposium, newly diagnosed workshop, and recently had developed the role of a family care specialist for the center.

Ms. Carter has a special research interest in family caregiving and Parkinson's disease. Over the last 20 years she has been an investigator in multiple clinical trials and is an original member of the Parkinson's Study Group. Currently she is the site principal investigator for the neuroprotective consortium clinical trials (NET-PD) funded by NIH.

Representative Publications:

Carter JH, Stewart BJ, Archbold PG, Inous I, et al. Living with a person who has Parkinson's disease: The spouse's perspective by stage of disease. *Mov Disord* 1998;13:20-28.

Carter J, Nutt JG. Family caregiving: A neglected and hidden part of health care delivery. *Neurology* 1998;51:1245-12246. (Editorial)

Lyons KS, Stewart BJ, Archbold PG, **Carter JH** & Perrin NA. Pessimism & optimism as early-warning signs for health decline in Parkinson's disease caregiving. *Nursing Research*, 2004; 53: 354-362.

Carter JH, Thomas CA. Handbook for People with Parkinson's Disease. Parkinson's Center of Oregon, Portland, 1996.

Carter J, Stewart B, Archbold P. Family Caregiving in Parkinson's Disease. In: Parkinson's Disease at the Millennium ed. Stewart A. Factor, & William J. Weiner, Second Edition